

attractions to lard. The articles of adulterated confectonary are legion. Vinegar, pickles, mustard, honey and sauces are all adulterated. A bill has been prepared in Illinois, which will be presented to the coming legislature to prevent the adulteration of food, drink and medicines. The law is carefully drawn and comprehensive. The penalties comprise fine and imprisonment.

**THE NOSE-BLEED.**—There are tiny little arteries that supply the face with blood, one on each side; these branch off from the main arteries on each side of the windpipe, and running upward toward the eyes, pass over the outside of the jaw-bone about two-thirds of the way back from the chin to the angle of the jaw under the ear. Each of these arteries, of course, supplies its one-half of the face, the nose being supplied with blood by the left artery. Now suppose your nose bleeds from your right nostril; with the end of the forefinger feel along the outer side of the right jaw until you feel the beating of the artery directly under your finger, the same as the pulse at the wrist; then press your finger hard upon it, thus getting the little vessel in a tight place between the finger and jawbone; the result will be not a drop of blood goes into the side of your face while the pressure continues; hence the nose instantly stops bleeding for want of blood to flow. Continue the pressure for five or ten minutes, and the ruptured vessels in the nose will by that time probably contract so that they will stop the blood from throbbing and leaking. Be careful from a cut or wound anywhere about the face may be stopped the same way.